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*Updated with the latest status of our trips on: 9<sup>th</sup> February 2018*

**BOOK WITH CONFIDENCE - No surcharge guarantee**

## TRIP STATUS EXPLAINED

**Places Available:** Trip available for booking — you can check with us to see the minimum number required to run the trip

**Trip Guaranteed:** Guaranteed to take place with spaces available

**Limited Availability:** Only a few places left!

**Trip Full:** Very popular and now fully booked: check other dates or ask about custom dates

**Location:** Refers to the area visited or the town where you meet the group

## - WINTER TRIP PLANNER 2018 -

### Snowshoeing

<u>Trip</u>	<u>Trip Code</u>	<u>Dates</u>	<u>Location</u>	<u>Level</u>	<u>Price</u>	<u>Trip Status</u>
Snowshoe Long Weekend	SEB4 18	17 – 21 Feb 18	Chamonix	Introductory	£795	Places Available
Snowshoe Long Weekend	SEB5 18	24 – 28 Feb 18	Chamonix	Introductory	£795	Trip Guaranteed
Snowshoe Long Weekend	SEB6 18	3 – 7 Mar 18	Chamonix	Introductory	£795	Places Available
Italian Dolomites Snowshoe	IDS2 18	24 Feb – 3 Mar 18	Italy	Intermediate	£1495	Places Available
Italian Dolomites Snowshoe	IDS3 18	3 – 10 Mar 18	Italy	Intermediate	£1495	2 More to Guarantee
Chamonix Snowshoe	MBS2 18	3 – 10 Feb 18	Chamonix	Intermediate	£1245	Trip Closed
Chamonix Snowshoe	MBS3 18	24 Feb – 3 Mar 18	Chamonix	Intermediate	£1245	Trip Guaranteed

Névache Snowshoe	NEV3 18	24 Feb – 3 Mar 18	France	Introductory	£1295	Places Available
Névache Snowshoe	NEV4 18	10 – 17 Mar 18	France	Introductory	£1295	Places Available
Samoëns Snowshoe	SAM3 18	10 – 17 Feb 18	France	Intermediate	£1495	Trip Full
Samoëns Snowshoe	SAM4 18	3 – 10 Mar 18	France	Intermediate	£1495	Limited Availability (3 places)
Queyras Snowshoe	QUY3 18	17 – 24 Feb 18	France	Intermediate	£1295	Places Available
Queyras Snowshoe	QUY4 18	3 – 10 Mar 18	France	Intermediate	£1295	Places Available
Traverse of the Chablais	STC4 18	24 Feb – 3 Mar 18	France	Intermediate	£1345	Places Available

## Cross Country Skiing

Trip	Trip Code	Dates	Location	Level	Price	Trip Status
Italian Ski Breaks	ISW4 18	21 – 25 Feb 18	Italy	Introductory	£895	Trip Full
Italian Ski Breaks	ISW5 18	28 Feb – 4 Mar 18	Italy	Introductory	£845	Trip Full
Italian Ski Breaks	ISW6 18	7 – 11 Mar 18	Italy	Introductory	£845	Trip Full
Italian Ski Breaks	ISW7 18	14 – 18 Mar 18	Italy	Introductory	£845	Places Available
Skate Ski Breaks	SKS3 Inter 18	14 – 18 Feb 18	Italy	Intermediate	£895	Places Available
Skate Ski Breaks	SKS4 Intro 18	28 Feb – 4 Mar 18	Italy	Introductory	£845	Trip Guaranteed
Swiss Alps: XC Skiing	SXC3 18 Intro Plus	3 – 9 Mar 18	Switzerland	Intro Plus	£1295	1 More to Guarantee
Traverse of the Black Forest	SBF1 18	5 – 11 Feb 18	Germany	Intermediate	£1495	Trip Full
Traverse of the Black Forest	SBF2 18	11 – 17 Feb 18	Germany	Intermediate	£1495	Limited Availability (1 place)
Trans Jura Swiss	TJS2 18	3 – 10 Feb 18	Switzerland	Advanced	£1795	Trip Full
Trans Jura Swiss	TJS3 18	17 – 24 Feb 18	Switzerland	Advanced	£1795	Trip Full
Trans Jura Swiss	TJS4 18	24 Feb – 3 Mar 18	Switzerland	Advanced	£1795	Trip Closed
Krkonoše Trail	KRK1 18	4 Feb – 11 Feb 18	Czech/Poland	Advanced	£1595	Trip Closed
Krkonoše Trail	KRK2 18	4 Mar – 11 Mar 18	Czech/Poland	Advanced	£1595	Trip Guaranteed
Sweden's Vasaloppet Tour	VAS1 18	11 – 18 Mar 18	Sweden	Intermediate	£1695	Places Available
Finnish Russian Frontier	FRF1 18	18 – 24 Feb 18	Finland	Intermediate	£1295	Trip Full
Finnish Russian Frontier	FRF2 18	10 – 16 Mar 18	Finland	Intermediate	£1295	Trip Full
Finnish Russian Frontier	FRF2A 18	18 – 24 Mar 18	Finland	Intermediate	£1295	Trip Full
Finnish Russian Frontier	FRF3 18	25 – 31 Mar 18	Finland	Intermediate	£1295	Limited Availability (1 place)

Nordic in Norway: Venabu	VEN1 Intro 18	27 Dec 17 – 3 Jan 18	Norway	Intro/Intermediate	£1595	<b>Trip Full</b>
Nordic in Norway: Venabu	VEN2 Inter 18	27 Dec 17 – 3 Jan 18	Norway	Intro/Intermediate	£1595	<b>Trip Full</b>
Nordic in Norway: Venabu	VEN3 Intro 18	3 – 10 Mar 18	Norway	Intro/Intermediate	£1495	<b>Trip Full</b>
Nordic in Norway: Venabu	VEN4 Inter 18	10 – 17 Mar 18	Norway	Intro/Intermediate	£1495	<b>Trip Full</b>
The Peer Gynt Trail	PEG1A 18	10 – 17 Feb 18	Norway	Intermediate	£1595	<b>Trip Guaranteed</b>
The Peer Gynt Trail	PEG1 18	18 – 25 Feb 18	Norway	Intermediate	£1595	<b>Trip Closed</b>
The Peer Gynt Trail	PEG2 18	11 – 18 Mar 18	Norway	Intermediate	£1595	<b>Limited Availability (2 places)</b>
The Peer Gynt Trail	PEG3 18	25 Mar – 1 Apr 18	Norway	Intermediate	£1595	<b>Trip Full</b>
The Trolls Trail	TRT1 18	18 – 25 Mar 18	Norway	Advanced Plus	£1695	<b>Trip Guaranteed</b>
The Trolls Trail	TRT2 18	1 – 8 Apr 18	Norway	Advanced Plus	£1695	<b>2 More to Guarantee</b>

## Snowshoe & Nordic Ski Combination Weeks

Combine two short breaks and make it week! Join a Snowshoe Long Weekend with either *Skate* or *Classic* cross-country skiing.

Combining dates offer either a rest day in Chamonix or a multi-trip save of £65.

<b>Trip</b>	<b>Trip Codes</b>	<b>Dates</b>	<b>Location</b>	<b>Level</b>	<b>Price</b>	<b>Trip Status</b>
Skate Ski (Inter) & Snowshoe Weekend	SKS3 & SEB 4 18	14 – 21 Feb 18	Chamonix/Italy	Introductory	£1625	<b>Places Available</b>
Snowshoe Weekend & Italian Ski Break	SEB4 & ISW 4 18	17 – 25 Feb 18	Chamonix/Italy	Introductory	£1690	<b>Places Available</b>
Italian Ski Break & Snowshoe Weekend	ISW4 & SEB 5 18	21 – 28 Feb 18	Chamonix/Italy	Introductory	£1625	<b>Trip Guaranteed</b>
Snowshoe Weekend & Italian Ski Break	SEB5 & ISW 5 18	24 Feb – 4 Mar 18	Chamonix/Italy	Introductory	£1640	<b>Trip Guaranteed</b>
Snowshoe Weekend & Skate Ski (Intro)	SEB5 & SKS 4 18	24 Feb – 4 Mar 18	Chamonix/Italy	Introductory	£1640	<b>Trip Guaranteed</b>
Italian Ski Break & Snowshoe Weekend	ISW5 & SEB 6 18	28 Feb – 7 Mar 18	Chamonix/Italy	Introductory	£1575	<b>Places Available</b>
Skate Ski (Intro) & Snowshoe Weekend	SKS4 & SEB 6 18	28 Feb – 7 Mar 18	Chamonix/Italy	Introductory	£1575	<b>Places Available</b>
Snowshoe Weekend & Italian Ski Break	SEB6 & ISW 7 18	3 – 11 Mar 18	Chamonix/Italy	Introductory	£1640	<b>Places Available</b>

# - SUMMER TRIP PLANNER 2018 -

## Trail Running Holidays

<b>Trip</b>	<b>Trip Codes</b>	<b>Dates</b>	<b>Location</b>	<b>Level</b>	<b>Price</b>	<b>Trip Status</b>
Chamonix Trail Running Camp	ATR 1 18	1 – 8 Jul 18	Chamonix	Intermediate	£1475	<b>2 More to Guarantee</b>
Chamonix Trail Running Camp	ATRN 1 18	1 – 8 Jul 18	Chamonix	Intermediate	£895	<b>2 More to Guarantee</b>
Chamonix Classic Trails	CCT 1 18	28 May – 2 Jun 18	Chamonix	Intermediate	£TBC	<b>Places Available</b>
Chamonix Classic Trails	CCT 2 18	12 – 17 Jun 18	Chamonix	Intermediate	£TBC	<b>Places Available</b>
Chamonix Classic Trails	CCT 3 18	9 – 14 Jul 18	Chamonix	Intermediate	£TBC	<b>Places Available</b>
Chamonix Classic Trails	CCT 4 18	20 – 25 Aug 18	Chamonix	Intermediate	£TBC	<b>Places Available</b>
Chamonix Classic Trails	CCT 5 18	3 – 8 Sept 18	Chamonix	Intermediate	£TBC	<b>Places Available</b>
Chamonix Classic Trails	CCT 6 18	10 - 15 Sept 18	Chamonix	Intermediate	£TBC	<b>Places Available</b>
Trail Run the Dolomites	AVR 1 18	14 - 21 Jul 18	Italy	Difficult	£1595	<b>Places Available</b>
Trail Run the Dolomites	AVR 2 18	21 - 28 Jul 18	Italy	Difficult	£1595	<b>Places Available</b>
Trail Run the Dolomites	AVR 3 18	1 – 8 Sep 18	Italy	Difficult	£1595	<b>Places Available</b>
Trail Run the Dolomites	AVR 4 18	8 – 15 Sep 18	Italy	Difficult	£1595	<b>Places Available</b>
<b>Trip</b>	<b>Trip Codes</b>	<b>Dates</b>	<b>Location</b>	<b>Level</b>	<b>Price</b>	<b>Trip Status</b>
Trans Verdon Run	TVR 1 18	28 Apr – 5 May 18	Provence	Difficult	£1395	<b>Places Available</b>
Trans Verdon Run	TVR 2 18	19 – 26 May 18	Provence	Difficult	£1395	<b>Places Available</b>
Trans Verdon Run	TVR 3 18	8 – 15 Sep 18	Provence	Difficult	£1395	<b>Places Available</b>
Trans Verdon Run	TVR 4 18	22 – 29 Sep 18	Provence	Difficult	£1395	<b>Places Available</b>
Trans Jura Trail	JUR 1 18	9 – 15 Jun 18	French Jura	Difficult	£1295	<b>Places Available</b>
Trans Jura Trail	JUR 2 18	23 – 29 Jun 18	French Jura	Difficult	£1295	<b>Places Available</b>
Trans Jura Trail	JUR 3 18	1 – 7 Sep 18	French Jura	Difficult	£1295	<b>Places Available</b>
Mont Blanc Ultra Trail	UTR 1 18	1 - 8 Jul 18	Chamonix	Advanced	£1495	<b>Trip Guaranteed</b>
Mont Blanc Ultra Trail	CCR 1 18	4 - 8 Jul 18	Courmayeur	Advanced	£995	<b>Trip Guaranteed</b>
Mont Blanc Ultra Trail	UTR 2 18	5 - 12 Aug 18	Chamonix	Advanced	£1495	<b>Places Available</b>
Mont Blanc Ultra Trail	CCR 2 18	8 - 12 Aug 18	Courmayeur	Advanced	£995	<b>Places Available</b>
Mont Blanc Ultra Trail	UTR 3 18	9 - 16 Sep 18	Chamonix	Advanced	£1495	<b>Places Available</b>
Mont Blanc Ultra Trail	CCR 3 18	12 - 16 Sep 18	Courmayeur	Advanced	£995	<b>Places Available</b>

## Walking Holidays

<b>Trip</b>	<b>Trip Codes</b>	<b>Dates</b>	<b>Location</b>	<b>Level</b>	<b>Price</b>	<b>Trip Status</b>
Dolomites Alta Via 1	AVD1 18	14 – 21 Jul 18	Italy	Difficult	£1545	Places Available
Dolomites Alta Via 1	AVD2 18	21 – 28 Jul 18	Italy	Difficult	£1545	Trip Guaranteed
Dolomites Alta Via 1	AVD3 18	25 Aug – 1 Sep 18	Italy	Difficult	£1545	2 More to Guarantee
Dolomites Alta Via 1	AVD4 18	1 – 8 Sep 18	Italy	Difficult	£1545	Places Available
Dolomites Alta Via 1	AVD5 18	8 – 15 Sep 18	Italy	Difficult	£1545	Places Available
Dolomites Alta Via 2	AVH1 18	21 – 29 Jul 18	Italy	Difficult	£1545	Places Available
Dolomites Alta Via 2	AVH2 18	8 – 15 Sep 18	Italy	Difficult	£1545	2 More to Guarantee
Corsica GR20 Trek	LCG1 18	8-22 Jul 18	Corsica	Demanding	£2995	Places Available
Corsica GR20 Trek	LCG2 18	22 Jul – 5 Aug 18	Corsica	Demanding	£2995	Places Available
Corsica GR20 Trek	LCG3 18	2 -16 Sep 18	Corsica	Demanding	£2995	Places Available
<a href="#">Yoga &amp; Walking Retreat Tuscany</a>	Y&W 18	28 May – 1 Jun 18	Tuscany	Moderate	£945	Places Available
Hiking in Hidden Tuscany	HTU1 18	2 – 9 Jun 18	Tuscany	Moderate	£1395	Trip Guaranteed
Hiking in Hidden Tuscany	HTU2 18	22 – 29 Sep 18	Tuscany	Moderate	£1395	Places Available
<b>Trip</b>	<b>Trip Codes</b>	<b>Dates</b>	<b>Location</b>	<b>Level</b>	<b>Price</b>	<b>Trip Status</b>
Verdon Gorge & GR4	VER2 18	19 – 26 May 18	Provence	Difficult	£1295	Trip Guaranteed
Verdon Gorge & GR4	VER3 18	8 – 15 Sep 18	Provence	Difficult	£1295	Trip Guaranteed
Verdon Gorge & GR4	VER4 18	22 – 19 Sep 18	Provence	Difficult	£1295	Places Available
Mallorca: Serra de Tramuntana	MAL1 18	21 - 29 Apr 18	Spain	Difficult	£1595	Places Available
Mallorca: Serra de Tramuntana	MAL2 18	5 - 13 May 18	Spain	Difficult	£1595	Places Available
Mallorca: Serra de Tramuntana	MAL3 18	26 May - 3 June 18	Spain	Difficult	£1595	Places Available
Mallorca: Serra de Tramuntana	MAL4 18	8 - 16 Sep 18	Spain	Difficult	£1595	Places Available
Mallorca: Serra de Tramuntana	MAL5 18	22 Sep - 30 Sep 18	Spain	Difficult	£1595	Places Available
Tour du Mont Blanc Highlights	MBH1 18	23 Jun – 1 Jul 18	Chamonix	Difficult	£1595	2 More to Guarantee
Tour du Mont Blanc Highlights	MBH2 18	30 Jun – 8 Jul 18	Chamonix	Difficult	£1595	Places Available
Tour du Mont Blanc Highlights	MBH3 18	14 – 22 Jul 18	Chamonix	Difficult	£1595	Places Available
Tour du Mont Blanc Highlights	MBH4 18	4 – 12 Aug 18	Chamonix	Difficult	£1595	Places Available
Tour du Mont Blanc Highlights	MBH5 18	25 Aug – 2 Sep 18	Chamonix	Difficult	£1595	Places Available
Tour du Mont Blanc Highlights	MBH6 18	1 – 9 Sep 18	Chamonix	Difficult	£1595	Places Available
Tour du Mont Blanc Highlights	MBH7 18	8 – 16 Sep 18	Chamonix	Difficult	£1595	Places Available

Classic Tour du Mont Blanc	CTM1 18	23 Jun – 4 Jul 18	Chamonix	Demanding	£1995	<b>3 More to Guarantee</b> <b>Places Available</b> <b>Places Available</b> <b>Places Available</b> <b>Places Available</b>
Classic Tour du Mont Blanc	CTM2 18	7 – 18 Jul 18	Chamonix	Demanding	£1995	
Classic Tour du Mont Blanc	CTM3 18	28 Jul – 8 Aug 18	Chamonix	Demanding	£1995	
Classic Tour du Mont Blanc	CTM4 18	18 - 29 Aug 18	Chamonix	Demanding	£1995	
Classic Tour du Mont Blanc	CTM5 18	1 – 12 Sep 18	Chamonix	Demanding	£1995	
Haute Route Highlights	HRH2 18	14 - 22 Jul 18	Switzerland	Demanding	£1695	<b>3 More to Guarantee</b> <b>Places Available</b> <b>Places Available</b> <b>Places Available</b> <b>Places Available</b>
Haute Route Highlights	HRH3 18	4 – 12 Aug 18	Switzerland	Demanding	£1695	
Haute Route Highlights	HRH4 18	18 – 26 Aug 18	Switzerland	Demanding	£1695	
Haute Route Highlights	HRH5 18	1 – 9 Sep 18	Switzerland	Demanding	£1695	
Haute Route Highlights	HRH6 18	8 – 16 Sep 18	Switzerland	Demanding	£1695	
Classic Haute Route	CHR1 18	11 – 22 Jul 18	Switzerland	Demanding	£2295	<b>Places Available</b> <b>3 More to Guarantee</b> <b>Places Available</b>
Classic Haute Route	CHR2 18	1 – 12 Aug 18	Switzerland	Demanding	£2295	
Classic Haute Route	CHR3 18	29 Aug – 9 Sep 18	Switzerland	Demanding	£2295	
Tour des Combins	TDC1 18	15 – 22 Jul 18	Switz/Italy	Demanding	£1275	<b>Places Available</b> <b>3 More to Guarantee</b>
Tour des Combins	TDC2 18	12 – 19 Aug 18	Switz/Italy	Demanding	£1275	
Tour del Gran Paradiso	TGP1 18	28 Jul – 4 Aug	Italy	Demanding	£1245	<b>3 More to Guarantee</b> <b>Places Available</b>
Tour del Gran Paradiso	TGP2 18	18 - 25 Aug	Italy	Demanding	£1245	
Tour de Monta Rosa	TMR1 18	12 – 22 Jul 18	Switz/Italy	Demanding	£1445	<b>Trip Full</b> <b>Trip Guaranteed</b> <b>Trip Full</b> <b>2 More to Guarantee</b>
Tour de Monta Rosa	TMR2 18	9 – 19 Aug 18	Switz/Italy	Demanding	£1445	
Tour de Monta Rosa	TMR3 18	23 Aug – 2 Sep 18	Switz/Italy	Demanding	£1445	
Tour de Monta Rosa	TMR4 18	6 – 16 Sep 18	Switz/Italy	Demanding	£1445	

## Family Holidays in the Alps

<b>Trip</b>	<b>Trip Codes</b>	<b>Dates</b>	<b>Location</b>	<b>Level</b>	<b>Price</b>	<b>Trip Status</b>
Family Tour du Mont Blanc	FMB1 18	21 – 28 Jul 18	Chamonix	Difficult	£1075	<b>Trip Guaranteed</b>
Family Tour du Mont Blanc	FMB2 18	4 – 11 Aug 18	Chamonix	Difficult	£1075	<b>Places Available</b>
Family Tour du Mont Blanc	FMB3 18	25 Aug – 1 Sep 18	Chamonix	Difficult	£1075	<b>Places Available</b>
Family Adventure	FCH1 18	14 – 21 Jul 18	Chamonix	Moderate	£1045	<b>Places Available</b>
Family Adventure	FCH2 18	28 Jul – 4 Aug 18	Chamonix	Moderate	£1045	<b>3 More to Guarantee</b>
Family Adventure	FCH3 18	18 – 25 Aug 18	Chamonix	Moderate	£1045	<b>Places Available</b>

## CUSTOMISED INDIVIDUAL AND GROUP BOOKINGS

Tracks and Trails also arrange tailor-made holidays for private groups.

For more details on any of our scheduled departures or to organise a personalised Holiday please contact us:

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+44 (0) 20 8144 6442 (United Kingdom)

[www.tracks-and-trails.com](http://www.tracks-and-trails.com)

If you are ready to **make a booking**, please go to our [booking form](#)

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### Registered Address:

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