



# www.tracks-and-trails.com

*Updated with the latest status of our trips on: 9<sup>th</sup> March 2018*

**BOOK WITH CONFIDENCE - No surcharge guarantee**

## TRIP STATUS EXPLAINED

**Places Available:** Trip available for booking — you can check with us to see the minimum number required to run the trip

**Trip Guaranteed:** Guaranteed to take place with spaces available

**Limited Availability:** Only a few places left!

**Trip Full:** Very popular and now fully booked: check other dates or ask about custom dates

**Location:** Refers to the area visited or the town where you meet the group

## - WINTER TRIP PLANNER 2018 -

### Cross Country Skiing

| <u>Trip</u>              | <u>Trip Code</u> | <u>Dates</u>   | <u>Location</u> | <u>Level</u>       | <u>Price</u> | <u>Trip Status</u>                     |
|--------------------------|------------------|----------------|-----------------|--------------------|--------------|--|
| Finnish Russian Frontier | FRF2A 18         | 18 – 24 Mar 18 | Finland         | Intermediate       | £1295        | <b>Trip Full</b>                       |
| Finnish Russian Frontier | FRF3 18          | 25 – 31 Mar 18 | Finland         | Intermediate       | £1295        | <b>Trip Full</b>                       |
| Finnish Russian Frontier | FRF4 18          | 26 – 1 Apr 18  | Finland         | Intermediate       | £1295        | <b>Limited Availability (3 places)</b> |
| Finnish Russian Frontier | FRF5 18          | 1 – 7 Apr 18   | Finland         | Intermediate       | £1295        | <b>Limited Availability (3 places)</b> |
| Nordic in Norway: Venabu | VEN3 Intro 18    | 3 – 10 Mar 18  | Norway          | Intro/Intermediate | £1495        | <b>Trip Full</b>                       |
| Nordic in Norway: Venabu | VEN4 Inter 18    | 10 – 17 Mar 18 | Norway          | Intro/Intermediate | £1495        | <b>Trip Full</b>                       |

|                     |         |                   |        |               |       |  |
|---------------------|---------|-------------------|--------|---------------|-------|--|
| The Peer Gynt Trail | PEG2 18 | 11 – 18 Mar 18    | Norway | Intermediate  | £1595 | <b>Limited Availability (2 places)</b> |
| The Peer Gynt Trail | PEG3 18 | 25 Mar – 1 Apr 18 | Norway | Intermediate  | £1595 | <b>Trip Full</b>                       |
| The Trolls Trail    | TRT1 18 | 18 – 25 Mar 18    | Norway | Advanced Plus | £1695 | <b>Limited Availability (3 places)</b> |
| The Trolls Trail    | TRT2 18 | 1 – 8 Apr 18      | Norway | Advanced Plus | £1695 | <b>Places Available</b>                |

## Snowshoe & Nordic Ski Combination Weeks

Combine two short breaks and make it week! Join a Snowshoe Long Weekend with either *Skate* or *Classic* cross-country skiing. Combining dates offer either a rest day in Chamonix or a multi-trip save of £65.

| <b>Trip</b>                          | <b>Trip Codes</b> | <b>Dates</b>  | <b>Location</b> | <b>Level</b> | <b>Price</b> | <b>Trip Status</b>      |
|--------------------------------------|-------------------|---------------|-----------------|--------------|--------------|-------------------------|
| Snowshoe Weekend & Italian Ski Break | SEB6 & ISW 7 18   | 3 – 11 Mar 18 | Chamonix/Italy  | Introductory | £1640        | <b>Places Available</b> |

# - SUMMER TRIP PLANNER 2018 -

## Trail Running Holidays

| <b>Trip</b>                 | <b>Trip Codes</b> | <b>Dates</b>      | <b>Location</b> | <b>Level</b> | <b>Price</b> | <b>Trip Status</b>         |
|-----------------------------|-------------------|-------------------|-----------------|--------------|--------------|----------------------------|
| Chamonix Trail Running Camp | ATR 1 18          | 1 – 8 Jul 18      | Chamonix        | Intermediate | £1475        | <b>2 More to Guarantee</b> |
| Chamonix Trail Running Camp | ATRN 1 18         | 1 – 8 Jul 18      | Chamonix        | Intermediate | £895         | <b>2 More to Guarantee</b> |
| Chamonix Classic Trails     | CCT 1 18          | 28 May – 2 Jun 18 | Chamonix        | Intermediate | £TBC         | <b>Places Available</b>    |
| Chamonix Classic Trails     | CCT 2 18          | 12 – 17 Jun 18    | Chamonix        | Intermediate | £TBC         | <b>Places Available</b>    |
| Chamonix Classic Trails     | CCT 3 18          | 9 – 14 Jul 18     | Chamonix        | Intermediate | £TBC         | <b>Places Available</b>    |
| Chamonix Classic Trails     | CCT 4 18          | 20 – 25 Aug 18    | Chamonix        | Intermediate | £TBC         | <b>Places Available</b>    |
| Chamonix Classic Trails     | CCT 5 18          | 3 – 8 Sept 18     | Chamonix        | Intermediate | £TBC         | <b>Places Available</b>    |
| Chamonix Classic Trails     | CCT 6 18          | 10 - 15 Sept 18   | Chamonix        | Intermediate | £TBC         | <b>Places Available</b>    |
| Trail Run the Dolomites     | AVR 1 18          | 14 - 21 Jul 18    | Italy           | Difficult    | £1595        | <b>Places Available</b>    |
| Trail Run the Dolomites     | AVR 2 18          | 21 - 28 Jul 18    | Italy           | Difficult    | £1595        | <b>Places Available</b>    |
| Trail Run the Dolomites     | AVR 3 18          | 1 – 8 Sep 18      | Italy           | Difficult    | £1595        | <b>Places Available</b>    |
| Trail Run the Dolomites     | AVR 4 18          | 8 – 15 Sep 18     | Italy           | Difficult    | £1595        | <b>Places Available</b>    |

| <b>Trip</b>      | <b>Trip Codes</b> | <b>Dates</b>      | <b>Location</b> | <b>Level</b> | <b>Price</b> | <b>Trip Status</b>      |
|------------------|-------------------|-------------------|-----------------|--------------|--------------|-------------------------|
| Trans Verdon Run | TVR 1 18          | 28 Apr – 5 May 18 | Provence        | Difficult    | £1395        | <b>Places Available</b> |
| Trans Verdon Run | TVR 2 18          | 19 – 26 May 18    | Provence        | Difficult    | £1395        | <b>Places Available</b> |
| Trans Verdon Run | TVR 3 18          | 8 – 15 Sep 18     | Provence        | Difficult    | £1395        | <b>Places Available</b> |
| Trans Verdon Run | TVR 4 18          | 22 – 29 Sep 18    | Provence        | Difficult    | £1395        | <b>Places Available</b> |

|                        |          |                |             |           |       |                  |
|------------------------|----------|----------------|-------------|-----------|-------|------------------|
| Trans Jura Trail       | JUR 1 18 | 9 – 15 Jun 18  | French Jura | Difficult | £1295 | Places Available |
| Trans Jura Trail       | JUR 2 18 | 23 – 29 Jun 18 | French Jura | Difficult | £1295 | Places Available |
| Trans Jura Trail       | JUR 3 18 | 1 – 7 Sep 18   | French Jura | Difficult | £1295 | Places Available |
| Mont Blanc Ultra Trail | UTR 1 18 | 1 - 8 Jul 18   | Chamonix    | Advanced  | £1495 | Trip Guaranteed  |
| Mont Blanc Ultra Trail | CCR 1 18 | 4 - 8 Jul 18   | Courmayeur  | Advanced  | £995  | Trip Guaranteed  |
| Mont Blanc Ultra Trail | UTR 2 18 | 5 - 12 Aug 18  | Chamonix    | Advanced  | £1495 | Places Available |
| Mont Blanc Ultra Trail | CCR 2 18 | 8 - 12 Aug 18  | Courmayeur  | Advanced  | £995  | Places Available |
| Mont Blanc Ultra Trail | UTR 3 18 | 2 - 9 Sep 18   | Chamonix    | Advanced  | £1495 | Places Available |
| Mont Blanc Ultra Trail | CCR 3 18 | 5 – 9 Sep 18   | Courmayeur  | Advanced  | £995  | Places Available |
| Mont Blanc Ultra Trail | UTR 4 18 | 9 - 16 Sep 18  | Chamonix    | Advanced  | £1495 | Places Available |
| Mont Blanc Ultra Trail | CCR 4 18 | 12 - 16 Sep 18 | Courmayeur  | Advanced  | £995  | Places Available |

## Walking Holidays

| Trip                          | Trip Codes | Dates              | Location | Level     | Price | Trip Status                     |
|-------------------------------|------------|--------------------|----------|-----------|-------|---------------------------------|
| Dolomites Alta Via 1          | AVD1 18    | 14 – 21 Jul 18     | Italy    | Difficult | £1545 | Places Available                |
| Dolomites Alta Via 1          | AVD2 18    | 21 – 28 Jul 18     | Italy    | Difficult | £1545 | Limited Availability (2 places) |
| Dolomites Alta Via 1          | AVD3 18    | 25 Aug – 1 Sep 18  | Italy    | Difficult | £1545 | 2 More to Guarantee             |
| Dolomites Alta Via 1          | AVD4 18    | 1 – 8 Sep 18       | Italy    | Difficult | £1545 | Places Available                |
| Dolomites Alta Via 1          | AVD5 18    | 8 – 15 Sep 18      | Italy    | Difficult | £1545 | Places Available                |
| Dolomites Alta Via 2          | AVH1 18    | 21 – 29 Jul 18     | Italy    | Difficult | £1545 | Places Available                |
| Dolomites Alta Via 2          | AVH2 18    | 8 – 15 Sep 18      | Italy    | Difficult | £1545 | 2 More to Guarantee             |
| Corsica GR20 Trek             | LCG1 18    | 8-22 Jul 18        | Corsica  | Demanding | £2995 | Places Available                |
| Corsica GR20 Trek             | LCG2 18    | 22 Jul – 5 Aug 18  | Corsica  | Demanding | £2995 | 2 More to Guarantee             |
| Corsica GR20 Trek             | LCG3 18    | 2 -16 Sep 18       | Corsica  | Demanding | £2995 | Places Available                |
| Hiking in Hidden Tuscany      | HTU0 18    | 26 May – 2 Jun 18  | Tuscany  | Moderate  | £1395 | Places Available                |
| Hiking in Hidden Tuscany      | HTU1 18    | 2 – 9 Jun 18       | Tuscany  | Moderate  | £1395 | Trip Guaranteed                 |
| Hiking in Hidden Tuscany      | HTU2 18    | 22 – 29 Sep 18     | Tuscany  | Moderate  | £1395 | Places Available                |
| Trip                          | Trip Codes | Dates              | Location | Level     | Price | Trip Status                     |
| Verdon Gorge & GR4            | VER2 18    | 19 – 26 May 18     | Provence | Difficult | £1295 | Trip Guaranteed                 |
| Verdon Gorge & GR4            | VER3 18    | 8 – 15 Sep 18      | Provence | Difficult | £1295 | Trip Guaranteed                 |
| Mallorca: Serra de Tramuntana | MAL1 18    | 21 - 29 Apr 18     | Spain    | Difficult | £1595 | Places Available                |
| Mallorca: Serra de Tramuntana | MAL2 18    | 5 - 13 May 18      | Spain    | Difficult | £1595 | Places Available                |
| Mallorca: Serra de Tramuntana | MAL3 18    | 26 May - 3 June 18 | Spain    | Difficult | £1595 | Places Available                |

|                               |         |                    |             |           |       |  |
|-------------------------------|---------|--------------------|-------------|-----------|-------|--|
| Mallorca: Serra de Tramuntana | MAL4 18 | 8 - 16 Sep 18      | Spain       | Difficult | £1595 | <b>Places Available</b>                |
| Mallorca: Serra de Tramuntana | MAL5 18 | 22 Sep - 30 Sep 18 | Spain       | Difficult | £1595 | <b>Places Available</b>                |
| Tour du Mont Blanc Highlights | MBH1 18 | 23 Jun - 1 Jul 18  | Chamonix    | Difficult | £1595 | <b>2 More to Guarantee</b>             |
| Tour du Mont Blanc Highlights | MBH2 18 | 30 Jun - 8 Jul 18  | Chamonix    | Difficult | £1595 | <b>Places Available</b>                |
| Tour du Mont Blanc Highlights | MBH3 18 | 14 - 22 Jul 18     | Chamonix    | Difficult | £1595 | <b>Places Available</b>                |
| Tour du Mont Blanc Highlights | MBH4 18 | 4 - 12 Aug 18      | Chamonix    | Difficult | £1595 | <b>Places Available</b>                |
| Tour du Mont Blanc Highlights | MBH5 18 | 25 Aug - 2 Sep 18  | Chamonix    | Difficult | £1595 | <b>Places Available</b>                |
| Tour du Mont Blanc Highlights | MBH6 18 | 1 - 9 Sep 18       | Chamonix    | Difficult | £1595 | <b>Places Available</b>                |
| Tour du Mont Blanc Highlights | MBH7 18 | 8 - 16 Sep 18      | Chamonix    | Difficult | £1595 | <b>Places Available</b>                |
| Classic Tour du Mont Blanc    | CTM1 18 | 23 Jun - 4 Jul 18  | Chamonix    | Demanding | £1995 | <b>3 More to Guarantee</b>             |
| Classic Tour du Mont Blanc    | CTM2 18 | 7 - 18 Jul 18      | Chamonix    | Demanding | £1995 | <b>Places Available</b>                |
| Classic Tour du Mont Blanc    | CTM3 18 | 28 Jul - 8 Aug 18  | Chamonix    | Demanding | £1995 | <b>3 More to Guarantee</b>             |
| Classic Tour du Mont Blanc    | CTM4 18 | 18 - 29 Aug 18     | Chamonix    | Demanding | £1995 | <b>Places Available</b>                |
| Classic Tour du Mont Blanc    | CTM5 18 | 1 - 12 Sep 18      | Chamonix    | Demanding | £1995 | <b>Places Available</b>                |
| Haute Route Highlights        | HRH2 18 | 14 - 22 Jul 18     | Switzerland | Demanding | £1695 | <b>3 More to Guarantee</b>             |
| Haute Route Highlights        | HRH3 18 | 4 - 12 Aug 18      | Switzerland | Demanding | £1695 | <b>Places Available</b>                |
| Haute Route Highlights        | HRH4 18 | 18 - 26 Aug 18     | Switzerland | Demanding | £1695 | <b>Places Available</b>                |
| Haute Route Highlights        | HRH5 18 | 1 - 9 Sep 18       | Switzerland | Demanding | £1695 | <b>Places Available</b>                |
| Haute Route Highlights        | HRH6 18 | 8 - 16 Sep 18      | Switzerland | Demanding | £1695 | <b>Places Available</b>                |
| Classic Haute Route           | CHR1 18 | 11 - 22 Jul 18     | Switzerland | Demanding | £2295 | <b>Places Available</b>                |
| Classic Haute Route           | CHR2 18 | 1 - 12 Aug 18      | Switzerland | Demanding | £2295 | <b>3 More to Guarantee</b>             |
| Classic Haute Route           | CHR3 18 | 29 Aug - 9 Sep 18  | Switzerland | Demanding | £2295 | <b>Places Available</b>                |
| Tour des Combins              | TDC1 18 | 15 - 22 Jul 18     | Switz/Italy | Demanding | £1275 | <b>Places Available</b>                |
| Tour des Combins              | TDC2 18 | 12 - 19 Aug 18     | Switz/Italy | Demanding | £1275 | <b>1 More to Guarantee</b>             |
| Tour del Gran Paradiso        | TGP1 18 | 28 Jul - 4 Aug     | Italy       | Demanding | £1245 | <b>Trip Guaranteed</b>                 |
| Tour del Gran Paradiso        | TGP2 18 | 18 - 25 Aug        | Italy       | Demanding | £1245 | <b>Places Available</b>                |
| Tour de Monte Rosa            | TMR1 18 | 12 - 22 Jul 18     | Switz/Italy | Demanding | £1445 | <b>Trip Full</b>                       |
| Tour de Monte Rosa            | TMR2 18 | 9 - 19 Aug 18      | Switz/Italy | Demanding | £1445 | <b>Limited Availability (3 places)</b> |
| Tour de Monte Rosa            | TMR3 18 | 23 Aug - 2 Sep 18  | Switz/Italy | Demanding | £1445 | <b>Trip Full</b>                       |
| Tour de Monte Rosa            | TMR4 18 | 6 - 16 Sep 18      | Switz/Italy | Demanding | £1445 | <b>1 More to Guarantee</b>             |

## Family Holidays in the Alps

| Trip                      | Trip Codes | Dates             | Location | Level     | Price | Trip Status                |
|---------------------------|------------|-------------------|----------|-----------|-------|----------------------------|
| Family Tour du Mont Blanc | FMB1 18    | 21 – 28 Jul 18    | Chamonix | Difficult | £1075 | <b>Trip Guaranteed</b>     |
| Family Tour du Mont Blanc | FMB2 18    | 4 – 11 Aug 18     | Chamonix | Difficult | £1075 | <b>Places Available</b>    |
| Family Tour du Mont Blanc | FMB3 18    | 25 Aug – 1 Sep 18 | Chamonix | Difficult | £1075 | <b>Places Available</b>    |
| Family Adventure          | FCH1 18    | 14 – 21 Jul 18    | Chamonix | Moderate  | £1045 | <b>Places Available</b>    |
| Family Adventure          | FCH2 18    | 28 Jul – 4 Aug 18 | Chamonix | Moderate  | £1045 | <b>3 More to Guarantee</b> |
| Family Adventure          | FCH3 18    | 18 – 25 Aug 18    | Chamonix | Moderate  | £1045 | <b>Places Available</b>    |

### CUSTOMISED INDIVIDUAL AND GROUP BOOKINGS

Tracks and Trails also arrange tailor-made holidays for private groups.

For more details on any of our scheduled departures or to organise a personalised Holiday please contact us:

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[www.tracks-and-trails.com](http://www.tracks-and-trails.com)

If you are ready to **make a booking**, please go to our [booking form](#)

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#### Registered Address:

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